



**PRACTICE SCHEDULE & GENERAL INFORMATION
2007 & 2008**



November -----

- 1 – 8 **Open Room** / 6:00pm – 7:30pm Mondays & Thursdays
- 12 – **Monday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm
- 15 – **Thursday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm
- 19 – **Monday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm
- 22 – **NO PRACTICE – THANKSGIVING BREAK**
- 26 – **Monday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm
- 29 – **Thursday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm

December -----

- 3 – **Monday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm
- 6 – **Thursday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm
- 10 – **Monday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm
Picture Night: (1 - 8) Approx. 6:30pm
- 13 – **Thursday** **NO PRACTICE**
H.S. Dual – CR Praire @ Linn-Mar, 6:15pm
- 17 – **Monday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm
- 20 – **Thursday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm
- 24, 27, 31 **NO PRACTICE – CHRISTMAS BREAK**

January -----

- 3 – **Thursday** **NO PRACTICE**
H.S. Dual – IA City High @ Linn-Mar, 6:15pm
- 6 – **Sunday** **Lion W.C. Developmental Tournament -**
H.S. Gym – Weigh-ins: 11:00 am sharp
- 7 – **Monday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm
- 10 – **Thursday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm
- 14 – **Monday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm
- 17 – **Thursday** **CLUB NIGHT - NO PRACTICE**
H.S. Dual – Dub. Wahlert @ Linn-Mar, 6:15pm
- 21 – **Monday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm
- 24 – **Thursday** **NO PRACTICE – SENIOR NIGHT**
H.S. Dual – CR Kennedy @ Linn-Mar, 6:15pm
- 28 – **Monday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm
- 31 – **Thursday** Club Practice: (1 – 3) 5:45pm – 6:45pm
(4 – 8) 7:00pm – 8:15pm

February -----

- 3 – **Sunday** **Little Lion Wrestling Tournament – HS gym**
 - 7 – **Thursday** **Lion Wrestling Club Pizza Party - 6:00pm**
 - February 11 – Mar 27 **Open Room** / 6:00pm – 7:30pm
Mondays & Thursdays
- For wrestlers in Grades 1 – 8 who want to prepare for any additional tournaments, including the AAU District & State.

Linn-Mar Wrestling Website – School & Club Info.

www.linnmarwrestling.com

Weather Cancellation / Practice Re-Scheduling

If the Linn-Mar School District cancels classes due to poor weather conditions, there will be **no** Lion Wrestling Club practice. Practices will be made up as needed.

Linn-Mar High School Dual Wrestling Meets

All Lion Wrestling Club Kids get **free admission**, when accompanied by an adult, into the home high school dual wrestling meets. Kids must wear their club issued Linn- Mar wrestling t- shirt. Junior Varsity matches begin @ 6:15pm and the Varsity matches begin at approx. 7:00pm.

Club Merchandise Order Form – Due November 30th

If you plan to place a clothing order for hats, shirts, singlets or sweats, please submit the order form and payment by November 30th. You should receive your clothing order by Christmas.

Picture Night - December 10th

Elite Photo will be coming to the practices on December 10th to take individual pictures of each wrestler. Photo order & information packets will be available at the Dec. 6th practice.

Lion W.C. Development Tournament - Sunday – January 6th

This tournament is for our beginning; first & second year wrestlers in Grades K – 6. This event will be held in the H.S. Gym & registration is free for all club members. Weigh-in begins at 11:00am and wrestling will start at 12:30pm. Each entrant will receive a participation medal. **Free for club members.**

Lion Wrestling Club Night - Thursday – Jan 17th

All of the kids, coaches & volunteers will be recognized at the Dub. Wahlert vs. Linn-Mar Dual. Please have the kids report to the HS Gymnasium by 6:20pm.

Little Lions Wrestling Tournament - Sunday – February 3rd

Our annual competitive tournament for grades K – 8. Entry fee is \$13 for all participants. Information & entry forms will be available at the club practices. All who want to volunteer to help are welcome!

Contact Information:

Donald Hansen	Club Co-Coordinator	365-1044
Jamie Northrup	Club Co-Coordinator	373-2027
Jeff Nelson	Tournament Director /Club Advisor	373-1903
Corey Denner	Head Club Coach	363-8655
Jerry Ackerman	Head Club Coach	361-2933
Larry Atwater	Club Coach	377-8452
Chad Leidigh	Club Coach	361-8477
John Ward	Club Coach	447-0218
Doug Streicher	H.S. Varsity Coach	447-3052
Jim Borschel	Sr. Club Advisor	377-6131
Don Steggall	Linn-Mar WR Web Site Coordinator	743-3232